

CENTRALIA RECREATION DEPARTMENT
MIDDLE SCHOOL SOCCER RULES

This is a recreational league therefore the objective of this program is not on winning, but on the fundamentals of soccer, good sportsmanship, and having FUN!

ABSOLUTELY NO SLIDE TACKLING

- Number of Players: 6 vs. 6 (5 field players and 1 goalie)
- Playing Time: 4 – 10 minute periods with 1 minute between each period and a 3 minute halftime between periods 2 and 3. Each team will be granted 2 time-outs per game.
- The Ball: A size 4 ball will be used for this league.
- Start of Play: Players from both sides who are not kicking off must be line up on or behind the center circle while the kickoff is in progress.
- HEADER RULE: NO PLAYERS MAY HEAD THE BALL IN THIS LEAGUE.**
- Throw-in: A sideline throw-in is awarded when the ball goes out of play over the sideline. The game is restarted by a throw-in by a player of the opposing team of the player who last touched the ball.
- Goalies: The goalie may play the ball with his/her hands only in the goal area (goalie box). Should the goalie contact the ball, he/she may NOT throw, kick, or pass the ball from his/her penalty area to the opponent's penalty area. An infraction will be a free kick from mid-field. The goalie CAN throw, kick, or pass the ball the full length of the field if he/she aims the ball for the narrow area outside the penalty area. A team may change goalies only on a dead ball and inform referee.
- Corner – Kick: A corner kick is awarded to the attacking team when the whole ball passes over the goal line (except between goal posts) having been touched last by a defender.
- Corner – Kicks are taken from inside the corner on the side the ball passed over the goal line.
- All opponents must be at least three yards from the corner kicker until the ball is kicked.
- Goals CAN be scored directly from a corner kick.
- Goal – Kick: A goal kick is awarded to the defending team when the whole ball passes over the goal line (except between goal posts) having last been touched by an attacking player.

The goal kick should be kicked directly into play from the goal area (out of the goal box).

Opponents must be three yards from the ball.

A goal may NOT be scored directly from a goal kick.

Free Kicks:

No penalty kicks are to be taken in this league.

All free kicks in this league will be indirect. This means that the ball must be touched by another player before going in the goal.

A free kick will be awarded at the spot closest to the infraction. If a penalty occurs in or within 5 feet of the goalie box the result will be either a goal kick (if penalty on the offense) or a corner kick (if penalty on the defense).

Off sides:

Off sides will not be called in this league. BUT will be enforced if taken advantage of.

Goal Scoring:

Goals can be scored from anywhere on the field but cannot be scored directly from a kick off, goal kick, throw in, or an indirect free kick. If the ball goes in the goal on a kick off, goal kick, throw in, or free kick it will result in a corner kick for the team that was in possession of the ball at the time of the kick or throw.

After a goal is scored, the team against whom the goal was scored kicks off from the center of the field.

Substitutions:

Substitutions may be made during stoppages of play by referee and between periods. If a coach would like to substitute during a stoppage of play a referee must be made aware of the substitution and the referee will call in the sub.

Substitutions may be made upon any injury of a player.

Equipment:

It is required that players wear team shirt and shin guards.

All players must wear athletic shoes or cleats

Overtime:

No overtime will be played in the duration of the season. A game may end in a tie.

Spectators:

Spectators are not allowed to stand near or behind the goal area. Fans are reminded to conduct themselves in a way that will have a positive impact on the players. The Supervisor has the right to remove any spectator that is displaying unsportsmanlike conduct.