

CENTRALIA RECREATION COMPLEX  
MICRO SOCCER RULES

- Number of Players: 5 vs. 5 (4 field players and 1 goalie)
- Playing Time: 4 periods 6 minutes in length with 1 minute between each period and a 3-minute halftime.  
A minimum of 2 different goalies per game.
- The Ball: A size 4 ball will be used for Micro Soccer
- The Court: The boundaries will be as follows: The basketball *court* lines (green lines) on the east and west end lines. On the north and south sides (sidelines) of the court the curtain and the wall will be in play. There will be no-out of bounds on the sidelines.
- Start of Play: Opponent must line up on or behind the 10ft line (White) while the kickoff is in progress.

**NO PLAYERS MAY HEAD THE BALL IN THIS LEAGUE**

- Goalies: The goalie may play the ball with his/her hands in the goal area only (free throw lane). Goalies can go up to the edge of the goal line to put the ball back in play by throw or drop kick. For this league there is no 6 second time limit on the release.
- Corner - Kick: A corner kick may be awarded to the attacking team when the whole ball passes over the goal line (except between goal posts) having been touched last by a defender.  
Corner - Kicks are taken from inside the corner on the side the ball passed over the goal line.  
All opponents must be at least 10 feet from the corner kicker until the ball is kicked.  
Goals can be scored directly from a corner kick.
- Goal - Kick: A goal kick is awarded to the defending team when the whole ball passes over the end/goal line (except between goal posts) having last been touched by an attacking player.

The goal kick should be kicked directly into play from the goal area.

Opponents must be on or behind the half-court line when the ball is kicked.

A goal may not be scored directly from a goal kick.

Penalty Kicks: No penalty kicks are to be taken in Micro Soccer.

Offsides: Offsides will not be called in Micro Soccer

Goal Scoring: Goals can be scored from anywhere on the field but cannot be scored directly from a **KICK OFF OR GOAL KICK. A GOAL WILL BE AWARDED IF THE WHOLE BALL CROSSES THE GOALINE. (So, if the goalie moves backwards with the ball and crosses the goal line it will be counted as a goal)** After a goal is scored, the team against who the goal was scored kicks off from the center of the court.

Substitutions: Substitutions may be made during stoppages of play by referee and between periods. If a coach would like to substitute during a stoppage of play a referee must be made aware of the substitution and referee will call in the sub.

Substitutions may be made upon any injury of a player.

Equipment: It is required that players wear team shirt and shin guards.

All players must wear athletic shoes with non-marking soles.

Spectators: Spectators are not allowed to stand near or behind the goal area. Fans are reminded to conduct themselves in a way that will have a positive impact on the players. The Supervisor has the right to remove any spectator that is displaying unsportsmanlike conduct.