

Skills assessments will be used to build teams and create a competitive balance.

- **All assessments will take place at Rotary Park**

Below are the dates and times for each age group:

- Grades: 6th – 8th Date: Saturday April 19th Time: 1:00pm
- Grades: 4th & 5th Date: Saturday April 19th Time: 2:00pm
- Grades: 2nd & 3rd Date: Saturday April 19th Time: 3:00pm
- Grades: K & 1st Date: Saturday April 19th Time: 4:00pm
- Make up for all ages Date: Sunday April 20th Time: 2:00pm

- Teams will have 8-10 players and only siblings are guaranteed to be teammates.
- Teams will practice at least once a week for approximately one hour.
- Coaches will determine the day and time for weekly practices.
- Coaches must pass a criminal background check & abide by a set Code of Conduct.

Game Days and Start Times: League play begins Saturday May 17th

- All Games will be played on Saturdays.
- Kickoff for the first two games will be at 10:00am each week.

Full rulebook can be found at: <https://nflflag.com/coaches/flag-football-rules>

- **Program Fee: CRC Member: \$60.00 Non-Member: \$85.00**

For Office Use Only: Payment Method: Cash ___ Check ___ Credit Card ___ Amount _____
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