

SUMMER VOLLEYBALL

3 DAY CAMP

**June 4th, 5th, & 6th
Centralia Recreation Complex
4th - 8th Grade
Instructed by: Evalynne Hempen**

**Session 1: Beginner Level (0-2 years of playing experience)
10:00am-12:00pm**

- **During these 2 hour sessions your child will learn basic volleyball skills and knowledge; passing, setting, and serving, all while having fun! During the last session we encourage parents/guardians to come for the last 30-45 minutes where we will separate players into teams and scrimmage (play).**

**Sessions 2: Advanced Level (3+ years of playing experience)
12:30pm-2:30pm**

- **During these 2 hour sessions your child will learn advanced skills to help improve what they already might know; passing, setting, and serving. But also will learn more game fundamentals, positional skills, and game strategies, all while having fun! During the last session, we encourage parents/guardians to come for the last 30-45 minutes where we will separate players into teams and scrimmage (play).**

Please have your child arrive 10-15 minutes early dressed and ready to go, so they get the full 2 hours each day. We will start with warming up and stretching before getting into drills.